

Social Justice Update



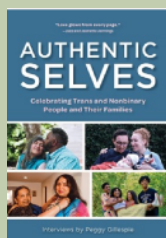
Share the Plate - Minister's Discretionary Fund

Each week, we share one third of our offering with a local nonprofit to show our support for organizations whose work furthers the values expressed in our denomination's foundation of love. We hope that Share the Plate will also bring a greater awareness to the community of Allen Avenue UU Church and Unitarian-Universalist values.

**POEM: NO MATTER
WHO WINS BY
REBECCA FAULKNER**

[Audio Link](#)

[Written Link](#)



2025 COMMON READ

Books will be available
in January

SJC MONTHLY MEETING

December 18th at 7PM
via Zoom

Go to Breeze or
contact: [Julie Harrison
\(julielyn.harrison@gmail.com\)](mailto:julielyn.harrison@gmail.com)

Links

Positive News of the Month



Blind birders in tune
with bird sounds,
call themselves 'bird
brains'



Podcast of the Month

Dan Harris, an
newscaster who
suffered a panic
attack live on TV,
hosts **10% Happier**
with Dan Harris.
On his show, he
discusses his
newfound
appreciation for
meditation and has
guests talk about
how to train your
mind.



AN UPDATE ON OUR A2U2 FAMILY

Nkunga, Ndonbaxi, Emanuel, and Family Promise team members had a successful shopping trip to Target for much needed winter items! The FP team has also been busy delivering blankets, taking stock of items that are still needed, and helping the family figure out storage solutions for their summer clothing.

Nkunga is taking classes at In Her Presence three days a week, and is being tutored in English by Linda and Mary.

Thank you to those who have donated to the A2U2 Family Promise account! Here is how we are currently using these funds each month:

- \$100 for the Metro (\$50 for each adult to ride for the month)
- \$50 for laundry
- \$37 for internet
- \$19 for two phones



Please consider making a donation to A2U2 Family Promise so we may continue to support the family in this way. As you can imagine, with a new baby due December 16th there will be many more loads of laundry!

Cash donations labeled “Family Promise” could be sent through Breeze, church drop off or snail mail to A2U2.

FAMILY PROMISE DONATION BOX

We thank you all for your kind donations! In order to simplify the process for our volunteers, please only leave donations that have been specifically requested by the family. Requests may be found in the eBlast or on the SJ bulletin board.

For more information about Family Promise please reach out to Emily O'Neill (emily.gagan@gmail.com) or AnneMarie Catanzano (amc04105@gmail.com).



GREATER PORTLAND FAMILY PROMISE - RECIPIENT OF OUR GIVING TREE

The Giving Tree, organized by the SJC each holiday season, provides gifts for children of families who are financially unable to do so.

For the past few years, we have chosen GPFP as the recipient. Books, clothing, and toys will be distributed to GPFP families who are living in transitional housing at First Parish Church in Gorham and Clark House in Portland.

Our current A2U2 sponsored family and our family from last year will also be included, bringing us to a total of 9 families. Gift cards for the adults are also welcomed, to purchase needed items for the household. We thank you in advance for your generosity and for putting a smile on a child's face!

For more information about the Giving Tree please contact Mary Michals (marymichals@gmail.com)

Thank you for your continued support

STOP BY THE GIVING TREE TABLE AT THE ARTISANS FAIR ON DEC 7TH TO CHOOSE A TAG FROM THE TREE

Tags will include info such as the child's age and what they wish for. Suggested price range for each child is \$25 to \$50, and you may adopt a tag with a friend to keep costs down!

The Giving Tree team will be available each Sunday after the service up until the deadline SUNDAY, DEC 22 for receiving gifts. FMI contact Mary Michals, marymichals@gmail.com



Centering Love: MUUSAN Moves Forward



How will Maine UUs respond to the challenges ahead?

What does your heart call you to do?

Join us to explore these questions and set a path for the coming year.

Sunday, December 8th

1:30 - 4:00 pm

Hybrid: Zoom and at UU Rockland.

Register [HERE](#)

Questions? Contact admin@muusan.org

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