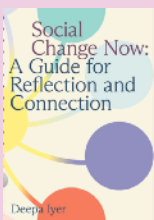


Social Justice Update



Share the Plate – Minister's Discretionary Fund

Each week, we share one third of our offering with a local nonprofit to show our support for organizations whose work furthers the values expressed in our denomination's foundation of love. We hope that Share the Plate will also bring a greater awareness to the community of Allen Avenue UU Church and Unitarian-Universalist values.



25-26

COMMON READ

Books for sale after service or reach out to Naneen

FRIDAY AFTERNOON CALLS FOR ACTION

Friday 2-3 PM at Church

Rooms 7 & 9

FMI email: Julie Harrison

NEXT SJC MEETING

December 17 at 7PM
via Zoom

For Zoom link go to Breeze or contact: Julie Harrison



Podcast of the month:
PLANET MONEY: A new experiment in remote work ... from the inside (in Maine)



Reasons to be Cheerful

Article - In Goats we

Trust ICARUS (the

International Cooperation for Animal Research Using Space) equips creatures from bats and birds to goats and giraffes with lightweight smart tags that beam data to satellites revealing real-time insights into animals' rhythms.



GIVING TREE

The recipients of our 2025 Giving Tree are from families who are supported by Greater Portland Family Promise and our A2U2 supported families.

Each year we kick off our Giving Tree at the Holiday Artisans Fair. This has been a wonderful tradition with enthusiastic support from the congregation! Please look for the tree either at the fair or in the foyer after services in December. In order to allow time for deliveries, our deadline for gift collection is 12/21.

FMI contact Julie Harrison, julielyn.harrison@gmail.com.

MULTIFAITH PRAYER VIGIL @ THE CUMBERLAND COUNTY JAIL (CORNER OF CONGRESS ST/COUNTY WAY) EVERY WEDNESDAY 2:45-3:15PM

You are invited to join leaders from the Greater Portland MultiFaith Organizing group who will host weekly vigils, starting Wednesday, October 29, to lament the harm inflicted on all those caught up in the immigration system, and to affirm the inherent worthiness of all people. Each gathering will include songs, silence, prayer, or other spiritual practices. We are planning this action to pray for those detained by ICE locally at the Cumberland County Jail and those who are a part of that system that is detaining them.



FRIDAY AFTERNOON CALL FOR ACTION MEETS WEEKLY AT 2:00-3:00 P.M. AT A2U2



NO FACA MEETING 11/28, 12/19, 12/26, 1/2.
WE WILL TAKE A BREAK FOR THE HOLIDAYS



1. We'll be focusing on working with MUUSAN on Maine State legislation, Get Out the Vote efforts across the country and Going to the Bridge Brigade
2. Write postcards to Gov. Mills, requesting she advance LD1971, the bill that was passed in the Maine legislature in March to end cooperation between local police and ICE.
 - For contact information: Governor Janet Mills 1 State House Station, Augusta, ME 04333 or maine.gov/governor/mills/contact
 - Sample message: "My name is xx and I live in xxx. Please end all cooperation between ICE and Maine law enforcement. Advance the bill that protects our families and ensures transparency of ICE agencies. Enact LD 1971."
 - Read more from the Immigrant Legal Advocacy Project(ILAP) [here](#).
3. ❤️ Self-care: explore and share how we find joy and a sense of balance in these extraordinary times.



OUR NOVEMBER FOOD DRIVE FOR PROJECT FEED WAS A HUGE SUCCESS!

Each Sunday our table was piled high with donations of food and household items thanks to your overwhelming support. Thanks to all who helped with loading up cars and deliveries to the pantry.

**Project Feed volunteers are
very grateful for your
generosity.**





December 8th

Join us for The Gathering, a monthly virtual event from Side With Love designed to offer:

- **Spiritual Grounding** – Strengthen your heart and spirit for the work ahead.
- **Political Analysis** – Understand the threats to democracy and justice.
- **Collective Action** – Organize with others to block anti-democratic forces and build a just and loving world.



If you are holding a print copy of the newsletter, here are the QR CODES for links in this issue

Use Smartphone camera to hover over the QR code and go to the link.



UU Common Read

Social Change Now: A Guide for Reflection and Connection by Deepa Iyer



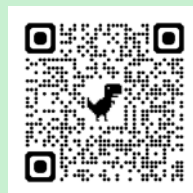
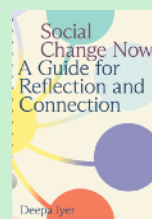
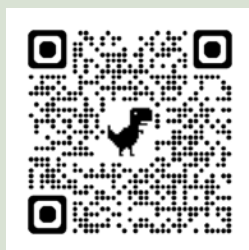
In Goats we Trust

ICARUS equips creatures from bats and birds to goats and giraffes with lightweight smart tags that beam data to satellites revealing real-time insights into animals' rhythms.

CULTURAL VALUES HELP INDIGENOUS LAND FOREST HEALTH THRIVE IN PANAMA

Forests on Indigenous land in Panama are staying healthier and more intact than those in protected government areas, according to a new study.

The research shows that cultural practices on Indigenous land support forest health nearly twice as effectively as official conservation zones like national parks.



COMMON READ: SOCIAL CHANGE NOW: A GUIDE FOR REFLECTION AND CONNECTION

The UU Common Read of Social Change Now: A Guide for Reflection and Connection by Deepa Iyer (Skinner House) invites Unitarian Universalists to grow more authentic, connected, and effective as individuals and communities as we pursue transformative justice together.

[Watch the Introduction to Social Change Now](#)