

### 3 May 2026 – Order of Worship

*“Worship” comes from the Old English word weordhscipe, meaning “worthiness.” In worship we lift up that which is worthy of our reflection.*

GATHERING MUSIC Dale Churchill, Dir. of Music

WELCOME & ANNOUNCEMENTS Rev. Tara Humphries

SINGING BOWL

CALL TO WORSHIP Julián Jamaica Soto Rev. Laurel Gray

LIGHTING THE CHALICE & COMMUNITY CANDLE Rebecca Tausig

OPENING HYMN #22 Dear Weaver of Our Lives’ Design

TIME FOR ALL AGES *All the Way to the Top*  
Anette Bay-Pimentel and Nabi Ali

LAMPLIGHTER & RECESSIONAL  
*Carry the flame of peace and love until we meet again!*

JOYS & SORROWS | PRAYER Jo VonRue

SUNG MEDITATION Text Rebecca Ann Parker Music Beth Norton  
*There is a Love holding us. There is a Love holding all that we love.*  
*There is a Love holding all. We rest in this Love.*

INVITATION TO GENEROSITY

OFFERTORY Breaths Ysaye Barnwell

READING “The Prophecy of the Disabled Body”  
Report of the UUMA Ableism Task Force

ANTHEM The Bridge Builder A2U2 Choir  
Text- Will Allen Droomgoole  
Music- Thomas M. Waldron

SERMON “Disability Justice and the Capitol Crawl” Rev. Laurel Gray

\*CLOSING HYMN #1017 Building a New Way

BENEDICTION & EXTINGUISHING THE CHALICE

*We invite you to remain seated for a moment of silence followed by the Postlude, as we center ourselves before going back out into the world.*

POSTLUDE Invention J.S. Bach  
\*Please rise in body and/or in spirit

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May’s **SHARE THE PLATE** recipient is **Youth and Family Outreach**, whose mission is to alleviate the effects of poverty on local families with young children through education and full-day childcare.

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**LARGE PRINT ORDERS OF SERVICE** and **ASSISTIVE LISTENING DEVICES** are available!

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#### NEXT SUNDAY

**10 May** - “War No More” with Rev. Tara Humphries

#### TODAY AFTER WORSHIP

**Coffee Hour** (Sanctuary/Foyer), **Brown Bag Brunch** (Board Room)  
& **New to UU Session 1** (Gathering Room @ 11:30)

*"We are growing a community that transforms lives  
through the power of love."*

**MISSION:** At Allen Avenue Unitarian Universalist Church, we are growing a community that transforms lives through the power of love. We celebrate diversity, encourage spiritual growth, and promote social responsibility as we travel with care on this earth. We empower our members to share their gifts to build a world of compassion, equality, and freedom.



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(Image Source: Disabled And Here)

"Stories of Hope: Disability Justice  
and the Capitol Crawl"

**Reverend Laurel Gray**

Sunday 3 May 2026 at 10am